

High Knob Hellbender 10k

October 2nd, 2021, Norton, VA

Overall Male Winner: Matt Clabaugh

Overall Female Winner: Rachel Blevins

Master Male Winner: Shawn Becker

Master Female Winner: Rachel Wade

Place	Name		Time	Town	State	AGE	Sex
1	Matt	Clabaugh	50:46:00	Gate City	VA	45	M
2	Daniel	Kolasa	58:05:00	Christiansburg	VA	42	M
3	Ike	Anderson	1:00:30	Johnson City	TN	33	M
4	Shawn	Becker	1:03:01	Weber City	VA	44	M
5	Parker	Cowden	1:03:08	Kingsport	TN	18	M
6	Keith	Adams	1:05:00	Ermine	KY	53	M
7	Rachel	Blevins	1:05:50	Norton	VA	29	F
8	Allen	Day	1:07:22	Premium	KY	28	M
9	Micah	McFaddin	1:08:46	Kingsport	TN	33	M
10	Paul	Rapavi	1:09:15	Springfield	VA	64	M
11	Ray	Mullins	1:10:22	Nickelsville	VA	38	M
12	Justin	Barnes	1:10:39	Big Stone Gap	VA	41	M
13	Mitchell	Bray	1:11:43	Kingsport	TN	41	M
14	Alan	Sanders	1:12:05	Pikeville	KY	61	M
15	John	Jaconetty	1:12:51	Big Stone Gap	VA	48	M
16	Kimberly	Bundy	1:13:22	Abingdon	VA	37	F
17	Willie	Hamilton	1:16:13	Gate City	VA	48	M
18	Tiffany	Stanbra	1:16:24	Cochrane	AB	35	F
19	Rachel	Wade	1:17:16	Kingsport	TN	42	F
20	Randall	Sturgill	1:18:02	Wise	VA	65	M
21	Lee	Chappell	1:18:03	Carson	VA	34	M
22	Brad	Cowden	1:18:42	Kingsport	TN	49	M
23	Cody	Boyd	1:19:10	Appalachia	VA	30	M
24	Amanda	Tipton	1:19:20	Kingsport	TN	44	F
25	Jessica	Spafford	1:19:48	Glade Spring	VA	32	F

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Place	Name		Time	Town	State	AGE	Sex
26	Misty	Myers	1:21:28	Appalachia	VA	42	F
27	Patsy	Cantor	1:23:05	Jonesborough	TN	51	F
28	Jack	Starnes	1:23:55	Wise	VA	77	M
29	Heather	Varner	1:23:57	Appalachia	VA	39	F
30	Jimmy	Taylor	1:24:26	Gate City	VA	28	M
31	Yvette	Bush	1:25:12	Castlewood	VA	40	F
32	Bruce	Cahoon	1:25:12	Wise	VA	52	M
33	Sheri	Gewelke	1:26:15	Johnson City	VA	51	F
34	Rebekah	Christian	1:27:00	Appalachia	VA	45	F
35	Donna	Dingus	1:27:17	St. Paul	VA	45	F
36	Matthew	Hamilton	1:28:11	Gate City	VA	15	M
37	Billy	Mays	1:28:27	Norton	VA	45	M
38	Sue	Kennedy	1:28:28	Wise	VA	52	F
39	Christina	Crider-Smith	1:29:09	Harlan	KY	42	F
40	Laura	Davis	1:31:24	Powell	TN	54	F
41	Steven	Yost	1:33:15	Mt. Pleasant	NC	48	M
42	Aimee	Jones	1:33:20	Big Stone Gap	VA	43	F
43	Jackie	Mitchell	1:33:20	Dryden	VA	47	F
44	Rachael	Peterson	1:33:46	Johnson City	TN	29	F
45	Samantha	Keen	1:34:06	Kingsport	TN	36	F
46	Diana	Stanley	1:35:37	Oak Ridge	TN	37	F
47	Christy	Swinney	1:36:06	Big Stone Gap	VA	43	F
48	Elise	Bloomer	1:36:08	Big Stone Gap	VA	48	F
49	Rebecca	Hamilton	1:36:35	Gate City	VA	44	F
50	Rob	Cantor	1:36:50	Jonesborough	TN	52	M

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51	Katrina	Smith	1:37:05	Grays Knob	KY	36	F
52	Allen	Watts	1:39:29	Loveland	OH	61	M
53	Allen	Eldridge	1:40:23	Coeburn	VA	36	M
54	Suzanne	Herron	1:42:07	Wise	VA	41	F
55	Marcus	Jewell	1:46:07	Bandy	VA	50	M
56	Tracy	Kress	1:49:55	Big Stone Gap	VA	56	F
57	Emily	Gibson	1:51:16	Appalachia	VA	42	F
58	Judy	Samples	1:51:25	Big Stone Gap	VA	67	F
59	Madi	Harkleroad	1:51:25	Bean Station	TN	21	F
60	Ronald	Sheppard	1:52:48	Wise	VA	46	M
61	Hannah	Dysart	1:53:36	Appalachia	VA	23	F
62	Hailea	Gilliam	1:53:36	Wise	VA	23	F
63	Casey	Keathley	1:55:35	Jenkins	KY	32	F
64	Darrell	Blankenship	1:56:48	Abingdon	VA	67	M
65	Rebecca	Iozzi	1:57:57	Wise	VA	26	F
66	Lou	Iozzi	1:57:58	Newton	NJ	59	M
67	Traci	Barker	1:58:38	Appalachia	VA	55	F
68	Reva	Boggs	1:59:17	Big Stone Gap	VA	44	F
69	Jennifer	Dawson	2:01:15	Norton	VA	49	F
70	Barry	Beavers	2:16:35	Hendersonville	NC	65	M
71	Deb	Holyfield	2:17:49	Big Stone Gap	VA	63	F
72	Sabrina	Dysart	2:17:50	Appalachia	VA	53	F
73	Lora	Cobb	3:26:23	Blackwater	VA	55	F
74	Alexandra	Estep	3:26:24	Blackwater	VA	26	F