

2022 Independence Day 5K Pennington

Velocity Timing, LLC

Bib #	Place	Name	Pace	Speed	Hometown	Division Rank	Gender	Type
00:21:15.76	1	ELI DAY	06:50	8.8mph	EWING, VIR	M: 1		RUNNER 2034
Overall Male Runner: 1								
00:22:04.17	2	JACEY GRABEEL	07:06	8.4mph		M: 2		RUNNER 2066
00:22:18.05	3	BIGE WHITAKER	07:10	8.4mph		M: 3		RUNNER 2058
00:22:32.71	4	VANESSA BRAY	07:15	8.3mph	KNOXVILLE, TEN	F: 1	RUNNER	2037
Overall Female Runner: 1								
RUNNER 2106	5	LUIS ZAMORA	00:22:45.39	07:19	8.2mph	Male 30 - 39: 1	M: 4	
00:23:01.99	6	ANDY HINES	07:24	8.1mph	JONESVILLE, VIR	M: 5		RUNNER 2044
Male 40 - 49: 1								
RUNNER 2069	7	JEFF LAMB	00:23:30.74	07:34	7.9mph	Male 50 - 59: 2	M: 6	
00:23:52.06	8	TRAVIS MARCUM	07:40	7.8mph	JONESVILLE, VIR	M: 7	RUNNER	2035
Male 30 - 39: 2								
00:24:28.61	9	KENNY GARRETT	07:52	7.6mph	MADISONVILLE, KEN	M: 8		RUNNER 2041
Male 40 - 49: 2								
00:25:29.14	10	DWAYNE STAFFORD	08:12	7.3mph		M: 9		RUNNER 2085
Male 40 - 49: 3								
00:25:54.15	11	CARTER CHASTEEN	08:20	7.2mph		M: 10		RUNNER 2074
Male 14 and under: 1								
00:25:54.26	12	AIDEN GRABEEL	08:20	7.2mph		M: 11		RUNNER 2093
Male 15 - 19: 1								
00:26:11.16	13	TREY STIDHAM	08:25	7.1mph		M: 12		RUNNER 2075
Male 20 - 29: 2								
00:26:13.86	14	JACE PERKINS	08:26	7.1mph		M: 13		RUNNER 2056
Male 15 - 19: 2								
RUNNER 2033	15	BRAYDEN DAY	00:26:23.54	08:29	7.1mph	Male 14 and under: 2	M: 14	
00:27:16.67	16	WHITNEY KIRK	08:46	6.8mph		F: 2		RUNNER 2103
Female 30 - 39: 1								
00:27:44.18	17	MICHAEL HINES	08:55	6.7mph	JONESVILLE, VIR	M: 15	RUNNER	2032
Male 14 and under: 3								
00:27:51.90	18	CAMERON HALL	08:58	6.7mph		M: 16		RUNNER 2072
Male 14 and under: 4								
00:28:20.41	19	JORIE MORGAN	09:07	6.6mph	DRYDEN, VIR	F: 3		RUNNER 2038
Female 30 - 39: 2								
00:28:23.96	20	COLLYN CHASTEEN	09:08	6.6mph		M: 17		RUNNER 2073
Male 14 and under: 5								
RUNNER 2071	21	ADAM HALL	00:28:29.65	09:10	6.5mph	Male 30 - 39: 3	M: 18	
00:28:40.10	22	ADAM HINES	09:13	6.5mph		M: 19		RUNNER 2092
Male 30 - 39: 4								
00:29:02.91	23	SCOTTY ROBBINS	09:20	6.4mph		M: 20		RUNNER 2097
Male 20 - 29: 3								

24	CHRIS DILLMAN	M: 21	RUNNER	2101
00:29:32.49	09:30 6.3mph Male 30 - 39: 5			
25	CURTIS AKARD	M: 22	RUNNER	2078
00:30:09.66	09:42 6.2mph Male 60 and up: 1			
26	BRANDON COPE	M: 23	RUNNER	2060
00:30:32.95	09:49 6.1mph Male 20 - 29: 4			
27	ADRIENNE GRABEEL	M: 24		
RUNNER 2095	00:30:52.56 09:56 6.0mph Male 14 and under: 6			
28	CAROLINE TERRY	F: 4	RUNNER	2087
00:31:21.51	10:05 5.9mph Female 14 and under: 1			
29	SHEENA CARROLL	F: 5	RUNNER	2067
00:31:25.79	10:06 5.9mph Female 30 - 39: 3			
30	ANDREA HINES JONESVILLE, VIR	F: 6	RUNNER	2040
00:31:29.35	10:08 5.9mph Female 40 - 49: 1			
31	ALIZA ZAMORA	F: 7	RUNNER	2107
00:31:45.79	10:13 5.9mph Female 14 and under: 2			
32	TERRY GRABEEL	M: 25	RUNNER	2079
00:32:50.27	10:34 5.7mph Male 50 - 59: 3			
33	AMELIA HINES JONESVILLE, VIR	F: 8	RUNNER	2031
00:33:10.37	10:40 5.6mph Female 14 and under: 3			
34	JAYLIN RAESIDE	F: 9	RUNNER	2100
00:33:17.70	10:42 5.6mph Female 14 and under: 4			
35	JACK RAESIDE	M: 26	RUNNER	2099
00:33:40.66	10:50 5.5mph Male 14 and under: 7			
36	DAVID BRAY KNOXVILLE, VIR	M: 27	RUNNER	2047
00:34:10.65	11:00 5.5mph Male 40 - 49: 4			
37	HANNAH BRAY NOXVILLE, TEN	F: 10	RUNNER	2030
00:34:11.57	11:00 5.5mph Female 14 and under: 5			
38	JOSH SURBER	M: 28		
RUNNER 2077	00:34:23.83 11:04 5.4mph Male 30 - 39: 6			
39	MICHAEL CARTER	M: 29	RUNNER	2102
00:35:35.88	11:27 5.2mph Male 30 - 39: 7			
40	HOYT COLLINS	M: 30	RUNNER	2053
00:35:56.41	11:34 5.2mph Male 14 and under: 8			
41	MAGGIE TERRY	F: 11	RUNNER	2088
00:36:32.76	11:45 5.1mph Female 14 and under: 6			
42	JOHN RAESIDE	M: 31	RUNNER	2098
00:36:39.76	11:48 5.1mph Male 30 - 39: 8			
43	JOSH TERRY	M: 32		
RUNNER 2089	00:36:39.78 11:48 5.1mph Male 30 - 39: 9			
44	AARON WILLIAMS	M: 33	RUNNER	2068
00:36:47.01	11:50 5.1mph Male 20 - 29: 5			
45	TRAVIS FEE	M: 34		
RUNNER 2062	00:37:00.90 11:54 5.0mph Male 40 - 49: 5			
46	DEBBIE WOLIVER	F: 12	RUNNER	2070
00:37:55.55	12:12 4.9mph Female 50 - 59: 1			
47	CRYSTAL YEARY	F: 13	RUNNER	2057
00:39:46.64	12:48 4.7mph Female 30 - 39: 4			
48	LEIGH SUBER	F: 14		
RUNNER 2076	00:39:48.28 12:48 4.7mph Female 50 - 59: 2			

49	BRYCE MILLER	M: 35	RUNNER	2052
00:40:20.28	12:59 4.6mph Male 14 and under: 9			
50	ADDIE CARTER	F: 15	RUNNER	2054
00:40:21.53	12:59 4.6mph Female 14 and under: 7			
51	JACE SKAGGS	M: 36		
RUNNER 2061	00:40:50.58 13:08 4.6mph Male 14 and under: 10			
52	JOSH HENDRICKS	M: 37	RUNNER	2083
00:43:01.42	13:50 4.3mph Male 14 and under: 11			
53	MARTY HENDRICKS	M: 38	RUNNER	2082
00:43:02.71	13:51 4.3mph Male 30 - 39: 10			
54	SYBELLA YEARY	F: 16	RUNNER	2055
00:43:04.08	13:51 4.3mph Female 15 - 19: 1			
55	JOHN GRABEEL	M: 39	RUNNER	2094
00:44:48.59	14:25 4.2mph Male 14 and under: 12			
56	MIKE GRABEEL	M: 40	RUNNER	2096
00:44:53.80	14:27 4.2mph Male 50 - 59: 4			
57	SHERRY WHITAKER	F: 17	RUNNER	2059
00:45:17.61	14:34 4.1mph Female 50 - 59: 3			
58	KAILYN KIRK	F: 18		
RUNNER 2104	00:46:10.27 14:51 4.0mph Female 14 and under: 8			
59	LUCY HENDRICKS	F: 19	RUNNER	2084
00:47:45.97	15:22 3.9mph Female 14 and under: 9			
60	CARRIE HENDRICKS	F: 20		
RUNNER 2081	00:47:46.83 15:22 3.9mph Female 30 - 39: 5			
61	MARY DAY EWING, VIR	F: 21		
RUNNER 2039	00:48:01.10 15:27 3.9mph Female 40 - 49: 2			
62	JEREMIAH DAY EWING, VIR	M: 41	RUNNER	2036
00:48:01.36	15:27 3.9mph Male 30 - 39: 11			
63	ALLEN JOHNSON	M: 42	RUNNER	2091
00:49:18.12	15:52 3.8mph Male 50 - 59: 5			
64	DAKOTA ROGERS	M: 43	RUNNER	2063
00:50:02.82	16:06 3.7mph Male 15 - 19: 3			
65	DIANE MORRIS	F: 22	RUNNER	2065
00:51:10.64	16:28 3.6mph Female 60 and up: 1			
66	CLOI ROGERS	F: 23		
RUNNER 2064	00:54:03.53 17:23 3.4mph Female 14 and under: 10			
67	HOLLY TERRY	F: 24		
RUNNER 2086	00:55:29.55 17:51 3.4mph Female 30 - 39: 6			
68	DAWN DINSMORE DRYDEN, VIR	F: 25	RUNNER	2048
01:01:53.36	19:55 3.0mph Female 40 - 49: 3			
69	JENNIFER STAFFORD PENNINGTON GAP, VIR	F: 26	RUNNER	2046
01:02:02.86	19:58 3.0mph Female 40 - 49: 4			
70	BECKY PITTMAN PENNINGTON GAP, VIR	F: 27	RUNNER	2045
01:02:26.94	20:06 3.0mph Female 40 - 49: 5			
71	RODNEY PITTMAN PENNINGTON GAP, VIR	M: 44	RUNNER	2042
01:02:27.36	20:06 3.0mph Male 40 - 49: 6			
72	DENNY WATKINS CORBIN, KEN	M: 45	RUNNER	2050
01:02:44.07	20:11 3.0mph Male 50 - 59: 6			
73	BIRDIE WATKINS CORBIN, KEN	F: 28	RUNNER	2051
01:02:50.83	20:13 3.0mph Female 50 - 59: 4			

74	JENNIFER SNODGRASS	JONESVILLE, VIR	F: 29	RUNNER	2049
01:02:58.59	20:16	3.0mph	Female 40 - 49: 6		
75	COURTNEY ROBERTS		F: 30		
RUNNER	2090	01:03:08.20	20:19 3.0mph	Female 20 - 29: 1	
76	HALEY ALSUP		F: 31		
RUNNER	2080	01:04:20.84	20:42 2.9mph	Female 20 - 29: 2	
77	CLAUDIA MULLINS		F: 32	RUNNER	2105
01:04:56.84	20:54	2.9mph	Female 20 - 29: 3		

2022 Independence Day 5K Pennington

Velocity Timing, LLC

Overall Male Runner

Place	Bib #	Name	Time	Class	Type	Hometown
			Overall	Age		
			Pace	Speed		
1	2034	ELI DAY	00:21:15.76	Runner	Ewing, VIR	
6:50/M	8.8mph	1	16			

Overall Female Runner

Place	Bib #	Name	Time	Class	Type	Hometown
			Overall	Age		
			Pace	Speed		
1	2037	VANESSA BRAY	00:22:32.70	Runner	Knoxville, TEN	7:15/M
8.3mph	4	38				

Female 14 and under

Place	Bib #	Name	Time	Class	Type	Hometown
			Overall	Age		
			Pace	Speed		
1	2087	CAROLINE TERRY	00:31:21.50	Runner		
10:05/M	5.9mph	28	9			
2	2107	ALIZA ZAMORA	00:31:45.78	Runner		
10:13/M	5.9mph	31	7			
3	2031	AMELIA HINES	00:33:10.37	Runner	Jonesville, VIR	10:41/M
5.6mph	33	9				
4	2100	JAYLIN RAESIDE	00:33:17.70	Runner		
10:43/M	5.6mph	34	9			
5	2030	HANNAH BRAY	00:34:11.57	Runner	Knoxville, TEN	
11:00/M	5.5mph	37	7			
6	2088	MAGGIE TERRY	00:36:32.76	Runner		
11:46/M	5.1mph	41	7			
7	2054	ADDIE CARTER	00:40:21.53	Runner		
12:59/M	4.6mph	50	13			
8	2104	KAILYN KIRK	00:46:10.27	Runner		
14:52/M	4.0mph	58	8			
9	2084	LUCY HENDRICKS	00:47:45.97	Runner		
15:22/M	3.9mph	59	9			
10	2064	CLOI ROGERS	00:54:03.53	Runner		
17:24/M	3.4mph	66	12			

Male 14 and under

Place	Bib #	Name	Time	Class	Type	Hometown
			Overall	Age		
			Pace	Speed		
1	2074	CARTER CHASTEEN	00:25:54.15	Runner		
8:20/M	7.2mph	11	11			

2	2033	BRAYDEN DAY		00:26:23.53	Runner	Ewing, VIR
8:30/M	7.1mph	15	13			
3	2032	MICHAEL HINES		00:27:44.17	Runner	Jonesville, VIR 8:56/M
6.7mph	17	12				
4	2072	CAMERON HALL		00:27:51.89	Runner	
8:58/M	6.7mph	18	13			
5	2073	COLLYN CHASTEEN		00:28:23.96	Runner	
9:08/M	6.6mph	20	11			
6	2095	ADRIENNE GRABEEL		00:30:52.55	Runner	
9:56/M	6.0mph	27	14			
7	2099	JACK RAESIDE		00:33:40.66	Runner	
10:50/M	5.5mph	35	7			
8	2053	HOYT COLLINS		00:35:56.41	Runner	
11:34/M	5.2mph	40	12			
9	2052	BRYCE MILLER		00:40:20.28	Runner	
12:59/M	4.6mph	49	14			
10	2061	JACE SKAGGS		00:40:50.58	Runner	
13:09/M	4.6mph	51	14			
11	2083	JOSH HENDRICKS		00:43:01.42	Runner	
13:51/M	4.3mph	52	7			
12	2094	JOHN GRABEEL		00:44:48.59	Runner	
14:25/M	4.2mph	55	9			

Female 15 - 19

Place	Bib #	Name	Speed	Time	Class	Type	Hometown
	Pace		Overall	Age			
1	2055	SYBELLA YEARY		00:43:04.08	Runner		
13:52/M	4.3mph	54	15				

Male 15 - 19

Place	Bib #	Name	Speed	Time	Class	Type	Hometown
	Pace		Overall	Age			
1	2093	AIDEN GRABEEL		00:25:54.25	Runner		
8:20/M	7.2mph	12	16				
2	2056	JACE PERKINS		00:26:13.85	Runner		
8:26/M	7.1mph	14	18				
3	2063	DAKOTA ROGERS		00:50:02.82	Runner		
16:06/M	3.7mph	64	16				

Female 20 - 29

Place	Bib #	Name	Speed	Time	Class	Type	Hometown
	Pace		Overall	Age			
1	2090	COURTNEY ROBERTS		01:03:08.20	Runner		
20:19/M	3.0mph	75	20				
2	2080	HALEY ALSUP		01:04:20.84	Runner		
20:42/M	2.9mph	76	23				
3	2105	CLAUDIA MULLINS		01:04:56.84	Runner		
20:54/M	2.9mph	77	22				

Male 20 - 29

Place	Bib #	Name	Speed	Time	Class	Type	Hometown
	Pace		Overall	Age			
1	2066	JACEY GRABEEL		00:22:04.17	Runner		
7:06/M	8.4mph	2	21				

2	2075	TREY STIDHAM	00:26:11.16	Runner
8:26/M	7.1mph	13	24	
3	2097	SCOTTY ROBBINS	00:29:02.91	Runner
9:21/M	6.4mph	23	28	
4	2060	BRANDON COPE	00:30:32.94	Runner
9:50/M	6.1mph	26	23	
5	2068	AARON WILLIAMS	00:36:47.01	Runner
11:50/M	5.1mph	44	20	

Female 30 - 39

Place	Bib #	Name	Time	Class	Type	Hometown
	Pace	Speed	Overall	Age		
1	2103	WHITNEY KIRK	00:27:16.66	Runner		
8:47/M	6.8mph	16	31			
2	2038	JORIE MORGAN	00:28:20.41	Runner	Dryden, VIR	
9:07/M	6.6mph	19	39			
3	2067	SHEENA CARROLL	00:31:25.78	Runner		
10:07/M	5.9mph	29	37			
4	2057	CRYSTAL YEARY	00:39:46.64	Runner		
12:48/M	4.7mph	47	35			
5	2081	CARRIE HENDRICKS	00:47:46.83	Runner		
15:22/M	3.9mph	60	36			
6	2086	HOLLY TERRY	00:55:29.55	Runner		
17:51/M	3.4mph	67	36			

Male 30 - 39

Place	Bib #	Name	Time	Class	Type	Hometown
	Pace	Speed	Overall	Age		
1	2106	LUIS ZAMORA	00:22:45.38	Runner		
7:19/M	8.2mph	5	39			
2	2035	TRAVIS MARCUM	00:23:52.05	Runner	JONESVILLE, VIR	7:41/M
7.8mph	8	33				
3	2071	ADAM HALL	00:28:29.64	Runner		
9:10/M	6.5mph	21	36			
4	2092	ADAM HINES	00:28:40.09	Runner		
9:14/M	6.5mph	22	39			
5	2101	CHRIS DILLMAN	00:29:32.48	Runner		
9:30/M	6.3mph	24	33			
6	2077	JOSH SURBER	00:34:23.83	Runner		
11:04/M	5.4mph	38	30			
7	2102	MICHAEL CARTER	00:35:35.88	Runner		
11:27/M	5.2mph	39	34			
8	2098	JOHN RAESIDE	00:36:39.76	Runner		
11:48/M	5.1mph	42	34			
9	2089	JOSH TERRY	00:36:39.78	Runner		
11:48/M	5.1mph	43	37			
10	2082	MARTY HENDRICKS	00:43:02.71	Runner		
13:51/M	4.3mph	53	36			
11	2036	JEREMIAH DAY	00:48:01.36	Runner	Ewing, VIR	
15:27/M	3.9mph	62	36			

Female 40 - 49

Place	Bib #	Name	Time	Class	Type	Hometown
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		Pace	Speed	Overall	Age
1	2040	ANDREA HINES	00:31:29.34	Runner	Jonesville, VIR
10:08/M	5.9mph	30	41		
2	2039	MARY DAY	00:48:01.10	Runner	Ewing, VIR
15:27/M	3.9mph	61	40		
3	2048	DAWN DINSMORE	01:01:53.36	Runner	Dryden, VIR
19:55/M	3.0mph	68	47		
4	2046	JENNIFER STAFFORD	01:02:02.86	Runner	Pennington Gap, VIR
19:58/M	3.0mph	69	45		
5	2045	BECKY PITTMAN	01:02:26.94	Runner	Pennington Gap, VIR
20:06/M	3.0mph	70	45		
6	2049	JENNIFER SNODGRASS	01:02:58.59	Runner	Jonesville, VIR
20:16/M	3.0mph	74	49		

Male 40 - 49

Place	Bib #	Name	Time	Class	Type	Hometown
		Pace	Speed	Overall	Age	
1	2044	ANDY HINES	00:23:01.98	Runner	Jonesville, VIR	
7:24/M	8.1mph	6	44			
2	2041	KENNY GARRETT	00:24:28.60	Runner	Madisonville, KEN	
7:53/M	7.6mph	9	42			
3	2085	DWAYNE STAFFORD	00:25:29.13	Runner		
8:12/M	7.3mph	10	40			
4	2047	DAVID BRAY	00:34:10.65	Runner	Knoxville, VIR	
11:00/M	5.5mph	36	46			
5	2062	TRAVIS FEE	00:37:00.90	Runner		
11:55/M	5.0mph	45	42			
6	2042	RODNEY PITTMAN	01:02:27.36	Runner	Pennington Gap, VIR	
20:06/M	3.0mph	71	42			

Female 50 - 59

Place	Bib #	Name	Time	Class	Type	Hometown
		Pace	Speed	Overall	Age	
1	2070	DEBBIE WOLIVER	00:37:55.55	Runner		
12:12/M	4.9mph	46	51			
2	2076	LEIGH SUBER	00:39:48.28	Runner		
12:49/M	4.7mph	48	55			
3	2059	SHERRY WHITAKER	00:45:17.61	Runner		
14:35/M	4.1mph	57	57			
4	2051	BIRDIE WATKINS	01:02:50.83	Runner	Corbin, KEN	
20:13/M	3.0mph	73	54			

Male 50 - 59

Place	Bib #	Name	Time	Class	Type	Hometown
		Pace	Speed	Overall	Age	
1	2058	BIGE WHITAKER	00:22:18.04	Runner		
7:11/M	8.4mph	3	58			
2	2069	JEFF LAMB	00:23:30.73	Runner		
7:34/M	7.9mph	7	51			
3	2079	TERRY GRABEEL	00:32:50.27	Runner		
10:34/M	5.7mph	32	57			
4	2096	MIKE GRABEEL	00:44:53.80	Runner		

14:27/M	4.2mph	56		58				
5	2091	ALLEN JOHNSON		00:49:18.12		Runner		
15:52/M	3.8mph	63		59				
6	2050	DENNY WATKINS		01:02:44.07		Runner	Corbin, KEN	
20:12/M	3.0mph	72		51				
		Female 60 and up						
Place	Bib #	Name		Time		Class	Type	Hometown
			Speed	Overall	Age			
1	2065	DIANE MORRIS		00:51:10.64		Runner		
16:28/M	3.6mph	65		71				
		Male 60 and up						
Place	Bib #	Name		Time		Class	Type	Hometown
			Speed	Overall	Age			
1	2078	CURTIS AKARD		00:30:09.65		Runner		
9:42/M	6.2mph	25		74				