

<b>OVERALL RESULTS</b>									
<b>2022 JCB Birthday Bash 5K</b>									
									Velocity Timing, LLC
Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age
1	TYLER KISER	WISE, VA	RUNNER	35	0:18:24	5:55	10.1mph	M	16
2	BRANDON BEVINS	WISE, VA	RUNNER	5	0:18:46	6:02	9.9mph	M	37
3	TANNER KISER	WISE, VA	RUNNER	32	0:18:48	6:02	9.9mph	M	16
4	GARY BOLLING	BIG STONE GAP, VA	RUNNER	80	0:18:56	6:05	9.8mph	M	17
5	TJ HURST	PIKEVILLE, KY	RUNNER	71	0:20:06	6:28	9.3mph	M	32
6	AVERY WELLS	BIG STONE GAP, VA	RUNNER	60	0:20:54	6:43	8.9mph	M	17
7	LUKE COLLIE	WISE, VA	RUNNER	10	0:21:57	7:03	8.5mph	M	16
8	ELI BLANTON	BIG STONE GAP, VA	RUNNER	65	0:22:01	7:05	8.5mph	M	17
9	TRISTAN BARNETTE	WISE, VA	RUNNER	6	0:22:17	7:10	8.4mph	M	17
10	SAM WHARTON III	WISE, VA	RUNNER	75	0:22:17	7:10	8.4mph	M	41
11	TJ BROWN	JOHNSON CITY, TN	RUNNER	85	0:23:05	7:25	8.1mph	M	59
12	BRAYDON MCCONNELL	NORTON, VA	RUNNER	78	0:23:19	7:30	8.0mph	M	15
13	CALEB STAIR	BIG STONE GAP, VA	RUNNER	83	0:23:25	7:32	8.0mph	M	14
14	THOMAS PROFFITT	ELIZABETHTON, TN	RUNNER	86	0:23:34	7:35	7.9mph	M	40
15	SARAH CARLSON	WISE, VA	RUNNER	17	0:23:39	7:36	7.9mph	F	35
16	MICHAEL WAMPLER	BIG STONE GAP, VA	RUNNER	74	0:24:56	8:01	7.5mph	M	47
17	GABBY BARNETTE	WISE, VA	RUNNER	8	0:26:05	8:23	7.2mph	F	31
18	JILLIAN TANKERSLEY	BIG STONE GAP, VA	RUNNER	57	0:26:22	8:29	7.1mph	F	25
19	JAMES FUNK	COEBURN, VA	RUNNER	69	0:26:47	8:37	7.0mph	M	12
20	ASHLEY ROBBINS	ST CHARLES, VA	RUNNER	49	0:26:48	8:37	7.0mph	F	34
21	HUFFY STURGILL	WISE, VA	RUNNER	77	0:26:48	8:37	7.0mph	M	67
22	STEVE MADDOX	BIG STONE GAP, VA	RUNNER	79	0:27:14	8:45	6.8mph	M	67
23	ANDREW SCOTT	WISE, VA	RUNNER	53	0:28:09	9:03	6.6mph	M	38
24	KIM LAWSON	WISE, VA	RUNNER	36	0:28:21	9:07	6.6mph	F	45
25	SELENA KISER	WISE, VA	RUNNER	33	0:28:58	9:19	6.4mph	F	44
26	MISTY MYERS	APPALACHIA, VA	RUNNER	37	0:29:05	9:21	6.4mph	F	42
27	ASHLEY SELFE	COEBURN, VA	RUNNER	54	0:29:35	9:31	6.3mph	F	38
28	LINDSEY PATE	WISE, VA	RUNNER	46	0:29:42	9:33	6.3mph	F	34
29	JACOB FOX	BIG STONE GAP, VA	RUNNER	22	0:29:52	9:36	6.2mph	M	22
30	ROGER WHITED	APPALACHIA, VA	RUNNER	72	0:31:02	9:59	6.0mph	M	55
31	AMELIA HAMILTON	BIG STONE GAP, VA	RUNNER	28	0:31:05	9:59	6.0mph	F	15
32	CURTIS AKARD	BLOUNTVILLE, TN	RUNNER	62	0:31:34	10:09	5.9mph	M	74
33	KARRIE MULLINS-POTTER		RUNNER	44	0:31:45	10:13	5.9mph	F	44
34	NOELLE WELLS	BIG STONE GAP, VA	RUNNER	61	0:32:33	10:28	5.7mph	F	13
35	ALLIE HURST	PIKEVILLE, KY	RUNNER	70	0:33:00	10:37	5.7mph	F	32
36	MORGANNE HELBERT	BIG STONE GAP, VA	RUNNER	27	0:33:41	10:50	5.5mph	F	26
37	ETHAN STEWART	WISE, VA	RUNNER	51	0:34:16	11:01	5.4mph	M	33
38	BRIAN PATE	WISE, VA	RUNNER	45	0:34:19	11:02	5.4mph	M	34
39	CLAIRE CHALOUPKA	WISE, VA	RUNNER	13	0:34:19	11:02	5.4mph	F	29
40	VINNY CHALOUPKA	WISE, VA	RUNNER	12	0:34:20	11:02	5.4mph	M	30
41	JON ISOM	CLINTWOOD, VA	RUNNER	29	0:34:26	11:04	5.4mph	M	18
42	DIANA KILGORE	BIG STONE GAP, VA	RUNNER	34	0:35:30	11:25	5.3mph	F	57
43	TIM STURGILL	NORTON, VA	RUNNER	52	0:35:36	11:27	5.2mph	M	53
44	PHILLIP STINSON	BIG STONE GAP, VA	RUNNER	76	0:36:18	11:40	5.1mph	M	60
45	AMANDA HONEYCUTT	BIG STONE GAP, VA	RUNNER	26	0:36:27	11:43	5.1mph	F	38
46	TRENA BARTLEY	PENSACOLA, FL	RUNNER	9	0:36:35	11:46	5.1mph	F	57
47	JACKIE MITCHELL	DRYDEN, VA	RUNNER	84	0:37:11	11:57	5.0mph	F	28
48	SARAH LANE	KINGSPORT, TN	RUNNER	64	0:39:03	12:34	4.8mph	F	38
49	SHAWN LANE	KINGSPORT, TN	RUNNER	63	0:39:04	12:34	4.8mph	M	38
50	STEPHANIE COLLINS	WISE, VA	RUNNER	14	0:39:36	12:44	4.7mph	F	39
51	DENNIS BARNETT	WISE, VA	RUNNER	81	0:40:25	13:00	4.6mph	M	66

<b>OVERALL RESULTS</b>									
<b>2022 JCB Birthday Bash 5K</b>									
									Velocity Timing, LLC
Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age
52	WILL STAIR	WISE, VA	RUNNER	82	0:42:15	13:35	4.4mph	M	12
53	JAYNE ADKINS	MANASSAS, VA	RUNNER	2	0:42:31	13:40	4.4mph	F	61
54	CHRIS KELLY	BIG STONE GAP, VA	RUNNER	31	0:43:10	13:53	4.3mph	M	49
55	ISAAC WELLS	BIG STONE GAP, VA	RUNNER	58	0:44:36	14:21	4.2mph	M	11
56	CHUCK SUMMERS	WISE, VA	RUNNER	56	0:45:06	14:30	4.1mph	M	46
57	MANDY SUMMERS	WISE, VA	RUNNER	55	0:45:07	14:31	4.1mph	F	44
58	JUDY WILLIS	NORTON, VA	RUNNER	73	0:45:31	14:38	4.1mph	F	71
59	AMANDA HESS	NORTON, VA	RUNNER	67	0:46:53	15:05	4.0mph	F	40
60	TONYA SMITH	NORTON, VA	RUNNER	66	0:47:02	15:08	4.0mph	F	39
61	LORENZO MILES	NORTON, VA	RUNNER	41	0:47:18	15:13	3.9mph	M	35
62	EVIE MILES	NORTON, VA	RUNNER	40	0:47:24	15:15	3.9mph	F	55
63	JAMES ADKINS	COEBURN, VA	RUNNER	3	0:47:24	15:15	3.9mph	M	40
64	SABRINA MIDDLETON	BIG STONE GAP, VA	RUNNER	42	0:47:34	15:18	3.9mph	F	51
65	AMANDA MCCrackEN	EAST STONE GAP, VA	RUNNER	38	0:51:52	16:41	3.6mph	F	40
66	DEBBIE BAKER	BIG STONE GAP, VA	RUNNER	7	0:53:49	17:19	3.5mph	F	55
67	JASON DEAN	WISE, VA	RUNNER	19	0:56:31	18:11	3.3mph	M	40
68	PAT CHANDLER	BIG STONE GAP, VA	RUNNER	16	0:57:01	18:21	3.3mph	F	63
69	JERALD ROBERTS	WISE, VA	RUNNER	47	0:57:27	18:29	3.2mph	M	41
70	PATRICIA ROBERTS	WISE, VA	RUNNER	48	0:57:27	18:29	3.2mph	F	42
71	TERESA GLINES	WISE, VA	RUNNER	25	0:57:41	18:33	3.2mph	F	60
72	EUGENE MIDDLETON	BIG STONE GAP, VA	RUNNER	43	0:58:15	18:44	3.2mph	M	59
73	ALEX WARD	BIG STONE GAP, VA	RUNNER	59	0:58:15	18:44	3.2mph	F	27

2022 JCB Birthday Bash 5K										
<b>Overall Male Runner</b>										
Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age
1	35	TYLER KISER	0:18:24		Runner	Wise, VA	5:55/M	10.1mph	1	16
<b>Overall Female Runner</b>										
Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age
1	17	SARAH CARLSON	0:23:39		Runner	Wise, VA	7:36/M	7.9mph	15	35
<b>Male 12 &amp; under</b>										
Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age
1	69	JAMES FUNK	0:26:48		Runner	Coeburn, VA	8:37/M	7.0mph	19	12
2	82	WILL STAIR	0:42:15		Runner	Wise, VA	13:36/M	4.4mph	52	12
3	58	ISAAC WELLS	0:44:36		Runner	Big Stone Gap, VA	14:21/M	4.2mph	55	11
<b>Male 13 - 15</b>										
Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age
1	78	BRAYDON MCCONNELL	0:23:19		Runner	Norton, VA	7:30/M	8.0mph	12	15
2	83	CALEB STAIR	0:23:25		Runner	Big Stone Gap, VA	7:32/M	8.0mph	13	14
<b>Female 13 - 15</b>										
Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age
1	28	AMELIA HAMILTON	0:31:05		Runner	Big Stone Gap, VA	10:00/M	6.0mph	31	15
2	61	NOELLE WELLS	0:32:33		Runner	Big Stone Gap, VA	10:28/M	5.7mph	34	13
<b>Male 16 - 17</b>										
Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age
1	32	TANNER KISER	0:18:48		Runner	Wise, VA	6:03/M	9.9mph	3	16
2	80	GARY BOLLING	0:18:57		Runner	Big Stone Gap, VA	6:06/M	9.8mph	4	17
3	60	AVERY WELLS	0:20:54		Runner	Big Stone Gap, VA	6:43/M	8.9mph	6	17
4	10	LUKE COLLIE	0:21:58		Runner	Wise, VA	7:04/M	8.5mph	7	16
5	65	ELI BLANTON	0:22:01		Runner	Big Stone Gap, VA	7:05/M	8.5mph	8	17
6	6	TRISTAN BARNETTE	0:22:17		Runner	Wise, VA	7:10/M	8.4mph	9	17
<b>Male 18 - 19</b>										
Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age
1	29	JON ISOM	0:34:26		Runner	Clintwood, VA	11:05/M	5.4mph	41	18
<b>Male 20 - 24</b>										
Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age
1	22	JACOB FOX	0:29:52		Runner	Big Stone Gap, VA	9:36/M	6.2mph	29	22
<b>Female 25 - 29</b>										
Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age
1	57	JILLIAN TANKERSLEY	0:26:22		Runner	Big Stone Gap, VA	8:29/M	7.1mph	18	25
2	27	MORGANNE HELBERT	0:33:41		Runner	Big Stone Gap, VA	10:50/M	5.5mph	36	26
3	13	CLAIRE CHALOUKKA	0:34:19		Runner	Wise, VA	11:02/M	5.4mph	39	29
4	84	JACKIE MITCHELL	0:37:11		Runner	Dryden, VA	11:58/M	5.0mph	47	28
5	59	ALEX WARD	0:58:15		Runner	Big Stone Gap, VA	18:45/M	3.2mph	73	27
<b>Male 30 - 34</b>										
Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age
1	71	TJ HURST	0:20:06		Runner	Pikeville, KY	6:28/M	9.3mph	5	32
2	51	ETHAN STEWART	0:34:16		Runner	Wise, VA	11:01/M	5.4mph	37	33
3	45	BRIAN PATE	0:34:19		Runner	Wise, VA	11:02/M	5.4mph	38	34
4	12	VINNY CHALOUKKA	0:34:20		Runner	Wise, VA	11:03/M	5.4mph	40	30

<b>Female 30 - 34</b>										
<b>Place</b>	<b>Bib #</b>	<b>Name</b>	<b>Time</b>	<b>Class</b>	<b>Type</b>	<b>Hometown</b>	<b>Pace</b>	<b>Speed</b>	<b>Overall</b>	<b>Age</b>
	1	8 GABBY BARNETTE	0:26:05		Runner	Wise, VA	8:23/M	7.2mph	17	31
	2	49 ASHLEY ROBBINS	0:26:48		Runner	St Charles, VA	8:37/M	7.0mph	20	34
	3	46 LINDSEY PATE	0:29:42		Runner	Wise, VA	9:33/M	6.3mph	28	34
	4	70 ALLIE HURST	0:33:00		Runner	Pikeville, KY	10:37/M	5.7mph	35	32
<b>Male 35 - 39</b>										
<b>Place</b>	<b>Bib #</b>	<b>Name</b>	<b>Time</b>	<b>Class</b>	<b>Type</b>	<b>Hometown</b>	<b>Pace</b>	<b>Speed</b>	<b>Overall</b>	<b>Age</b>
	1	5 BRANDON BEVINS	0:18:46		Runner	Wise, VA	6:02/M	9.9mph	2	37
	2	53 ANDREW SCOTT	0:28:09		Runner	Wise, VA	9:03/M	6.6mph	23	38
	3	63 SHAWN LANE	0:39:04		Runner	Kingsport, TN	12:34/M	4.8mph	49	38
	4	41 LORENZO MILES	0:47:18		Runner	Norton, VA	15:13/M	3.9mph	61	35
<b>Female 35 - 39</b>										
<b>Place</b>	<b>Bib #</b>	<b>Name</b>	<b>Time</b>	<b>Class</b>	<b>Type</b>	<b>Hometown</b>	<b>Pace</b>	<b>Speed</b>	<b>Overall</b>	<b>Age</b>
	1	54 ASHLEY SELFE	0:29:35		Runner	Coeburn, VA	9:31/M	6.3mph	27	38
	2	26 AMANDA HONEYCUTT	0:36:27		Runner	Big Stone Gap, VA	11:44/M	5.1mph	45	38
	3	64 SARAH LANE	0:39:04		Runner	Kingsport, TN	12:34/M	4.8mph	48	38
	4	14 STEPHANIE COLLINS	0:39:36		Runner	Wise, VA	12:44/M	4.7mph	50	39
	5	66 TONYA SMITH	0:47:02		Runner	Norton, VA	15:08/M	4.0mph	60	39
<b>Male 40 - 44</b>										
<b>Place</b>	<b>Bib #</b>	<b>Name</b>	<b>Time</b>	<b>Class</b>	<b>Type</b>	<b>Hometown</b>	<b>Pace</b>	<b>Speed</b>	<b>Overall</b>	<b>Age</b>
	1	75 SAM WHARTON III	0:22:17		Runner	Wise, VA	7:10/M	8.4mph	10	41
	2	86 THOMAS PROFFITT	0:23:35		Runner	Elizabethton, TN	7:35/M	7.9mph	14	40
	3	3 JAMES ADKINS	0:47:25		Runner	Coeburn, VA	15:15/M	3.9mph	63	40
	4	19 JASON DEAN	0:56:31		Runner	Wise, VA	18:11/M	3.3mph	67	40
	5	47 JERALD ROBERTS	0:57:27		Runner	Wise, VA	18:29/M	3.2mph	69	41
<b>Female 40 - 44</b>										
<b>Place</b>	<b>Bib #</b>	<b>Name</b>	<b>Time</b>	<b>Class</b>	<b>Type</b>	<b>Hometown</b>	<b>Pace</b>	<b>Speed</b>	<b>Overall</b>	<b>Age</b>
	1	33 SELENA KISER	0:28:58		Runner	Wise, VA	9:19/M	6.4mph	25	44
	2	37 MISTY MYERS	0:29:05		Runner	Appalachia, VA	9:21/M	6.4mph	26	42
	3	44 KARRIE MULLINS-POTTER	0:31:45		Runner	Wise, VA	10:13/M	5.9mph	33	44
	4	55 MANDY SUMMERS	0:45:07		Runner	Wise, VA	14:31/M	4.1mph	57	44
	5	67 AMANDA HESS	0:46:54		Runner	Norton, VA	15:05/M	4.0mph	59	40
	6	38 AMANDA MCCRACKEN	0:51:52		Runner	East Stone Gap, VA	16:42/M	3.6mph	65	40
	7	48 PATRICIA ROBERTS	0:57:27		Runner	Wise, VA	18:29/M	3.2mph	70	42
<b>Male 45 - 49</b>										
<b>Place</b>	<b>Bib #</b>	<b>Name</b>	<b>Time</b>	<b>Class</b>	<b>Type</b>	<b>Hometown</b>	<b>Pace</b>	<b>Speed</b>	<b>Overall</b>	<b>Age</b>
	1	74 MICHAEL WAMPLER	0:24:56		Runner	Big Stone Gap, VA	8:01/M	7.5mph	16	47
	2	31 CHRIS KELLY	0:43:10		Runner	Big Stone Gap, VA	13:53/M	4.3mph	54	49
	3	56 CHUCK SUMMERS	0:45:07		Runner	Wise, VA	14:31/M	4.1mph	56	46
<b>Female 45 - 49</b>										
<b>Place</b>	<b>Bib #</b>	<b>Name</b>	<b>Time</b>	<b>Class</b>	<b>Type</b>	<b>Hometown</b>	<b>Pace</b>	<b>Speed</b>	<b>Overall</b>	<b>Age</b>
	1	36 KIM LAWSON	0:28:21		Runner	Wise, VA	9:07/M	6.6mph	24	45
<b>Male 50 - 54</b>										
<b>Place</b>	<b>Bib #</b>	<b>Name</b>	<b>Time</b>	<b>Class</b>	<b>Type</b>	<b>Hometown</b>	<b>Pace</b>	<b>Speed</b>	<b>Overall</b>	<b>Age</b>
	1	52 TIM STURGILL	0:35:36		Runner	Norton, VA	11:27/M	5.2mph	43	53
<b>Female 50 - 54</b>										
<b>Place</b>	<b>Bib #</b>	<b>Name</b>	<b>Time</b>	<b>Class</b>	<b>Type</b>	<b>Hometown</b>	<b>Pace</b>	<b>Speed</b>	<b>Overall</b>	<b>Age</b>
	1	42 SABRINA MIDDLETON	0:47:34		Runner	Big Stone Gap, VA	15:19/M	3.9mph	64	51

<b>Male 55 - 59</b>										
<b>Place</b>	<b>Bib #</b>	<b>Name</b>	<b>Time</b>	<b>Class</b>	<b>Type</b>	<b>Hometown</b>	<b>Pace</b>	<b>Speed</b>	<b>Overall</b>	<b>Age</b>
	1	85	TJ BROWN	0:23:06		Runner	Johnson City, TN	7:26/M	8.1mph	11 59
	2	72	ROGER WHITED	0:31:02		Runner	Appalachia, VA	9:59/M	6.0mph	30 55
	3	43	EUGENE MIDDLETON	0:58:15		Runner	Big Stone Gap, VA	18:45/M	3.2mph	72 59
<b>Female 55 - 59</b>										
<b>Place</b>	<b>Bib #</b>	<b>Name</b>	<b>Time</b>	<b>Class</b>	<b>Type</b>	<b>Hometown</b>	<b>Pace</b>	<b>Speed</b>	<b>Overall</b>	<b>Age</b>
	1	34	DIANA KILGORE	0:35:30		Runner	Big Stone Gap, VA	11:25/M	5.3mph	42 57
	2	9	TRENA BARTLEY	0:36:35		Runner	Pensacola, FL	11:47/M	5.1mph	46 57
	3	40	EVIE MILES	0:47:24		Runner	Norton, VA	15:15/M	3.9mph	62 55
	4	7	DEBBIE BAKER	0:53:49		Runner	Big Stone Gap, VA	17:19/M	3.5mph	66 55
<b>Male 60 - 64</b>										
<b>Place</b>	<b>Bib #</b>	<b>Name</b>	<b>Time</b>	<b>Class</b>	<b>Type</b>	<b>Hometown</b>	<b>Pace</b>	<b>Speed</b>	<b>Overall</b>	<b>Age</b>
	1	76	PHILLIP STINSON	0:36:18		Runner	Big Stone Gap, VA	11:41/M	5.1mph	44 60
<b>Female 60 - 64</b>										
<b>Place</b>	<b>Bib #</b>	<b>Name</b>	<b>Time</b>	<b>Class</b>	<b>Type</b>	<b>Hometown</b>	<b>Pace</b>	<b>Speed</b>	<b>Overall</b>	<b>Age</b>
	1	2	JAYNE ADKINS	0:42:31		Runner	Manassas, VA	13:41/M	4.4mph	53 61
	2	16	PAT CHANDLER	0:57:01		Runner	Big Stone Gap, VA	18:21/M	3.3mph	68 63
	3	25	TERESA GLINES	0:57:41		Runner	Wise, VA	18:34/M	3.2mph	71 60
<b>Male 65 - 69</b>										
<b>Place</b>	<b>Bib #</b>	<b>Name</b>	<b>Time</b>	<b>Class</b>	<b>Type</b>	<b>Hometown</b>	<b>Pace</b>	<b>Speed</b>	<b>Overall</b>	<b>Age</b>
	1	77	HUFFY STURGILL	0:26:48		Runner	Wise, VA	8:37/M	7.0mph	21 67
	2	79	STEVE MADDOX	0:27:14		Runner	Big Stone Gap, VA	8:46/M	6.8mph	22 67
	3	81	DENNIS BARNETT	0:40:25		Runner	Wise, VA	13:00/M	4.6mph	51 66
<b>Male 70 - 79</b>										
<b>Place</b>	<b>Bib #</b>	<b>Name</b>	<b>Time</b>	<b>Class</b>	<b>Type</b>	<b>Hometown</b>	<b>Pace</b>	<b>Speed</b>	<b>Overall</b>	<b>Age</b>
	1	62	CURTIS AKARD	0:31:34		Runner	Blountville, TN	10:09/M	5.9mph	32 74
<b>Female 70 - 79</b>										
<b>Place</b>	<b>Bib #</b>	<b>Name</b>	<b>Time</b>	<b>Class</b>	<b>Type</b>	<b>Hometown</b>	<b>Pace</b>	<b>Speed</b>	<b>Overall</b>	<b>Age</b>
	1	73	JUDY WILLIS	0:45:31		Runner	Norton, VA	14:39/M	4.1mph	58 71