

# 2021 SFTC MEMBERSHIP APPLICATION

Membership year is January 1, 2021 through December 31, 2021

Register your membership ONLINE at [RunTriCities.org](http://RunTriCities.org)

Individual \$15 \_\_\_\_\_  
Family \$20 \_\_\_\_\_  
Youth (age 25 and under) \$10 \_\_\_\_\_

Make checks payable to SFTC

**MAIL TO: Karen Seiferth**  
**SFTC Membership Chair**  
**1903 Millbrook Drive**  
**Johnson City, TN 37604**

\* Family memberships apply to members living at the same address.

Full or partial payment may be made with SFTC Volunteer Points (1 point = \$1). Number used: \_\_\_\_\_

Contribution to Scholarship Fund \$ \_\_\_\_\_ Capital Fund \$ \_\_\_\_\_

Name \_\_\_\_\_ Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Phone \_\_\_\_\_ E-mail \_\_\_\_\_

\* **FAMILY** - List all **additional** family members to be included in membership:

1. Name \_\_\_\_\_ Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender \_\_\_\_\_

E-mail \_\_\_\_\_

2. Name \_\_\_\_\_ Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender \_\_\_\_\_

E-mail \_\_\_\_\_

3. Name \_\_\_\_\_ Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender \_\_\_\_\_

E-mail \_\_\_\_\_

4. Name \_\_\_\_\_ Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender \_\_\_\_\_

E-mail \_\_\_\_\_

**Volunteer opportunities:** note which member (numbered above) the activity applies to:

\_\_\_\_\_ Help at races \_\_\_\_\_ Help with Social Events \_\_\_\_\_ Serve on the SFTC Board

\_\_\_\_\_ Act as liaison between SFTC and a race

\_\_\_\_\_ Help transport equipment to/from events \_\_\_\_\_ Help with Youth Events

\_\_\_\_\_ Be a SFTC competition scorekeeper

Other (please describe) \_\_\_\_\_

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/ or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the State of Franklin Track Club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
PARENT'S SIGNATURE (under 18 yr)

\_\_\_\_\_  
DATE

## The State of Franklin Track Club

SFTC is an all-volunteer non-profit charitable organization dedicated to promoting running and walking for health, fitness and sport. Founded in 1977, the club draws members from northeast TN, southwest VA, and western NC. We welcome all levels of runners and walkers into the club, from casual to competitive, and serves families by encourages running and walking among children and youth.

The club organizes road and trail races for all abilities and ages from one-mile races to marathon length. The SFTC website ([RunTriCities.org](http://RunTriCities.org)) lists free postings for area running and walking events, and compiles results from local races.

SFTC is a member of Road Runners Club of America (RRCA).

### Benefits of Membership:

- Support health and fitness in our community through walking and running
- SFTC competitions and series
- Minimum \$1 pre-registration discounts to SFTC King and Queen series races *(in addition to other pre-registration discounts)*
- Social activities
- Discounts at local retailers
- SFTC Volunteer Points are redeemable for SFTC purchases, SFTC race entries and membership fees
- Annual SFTC Awards Banquet and Kids Festival of Miles Awards Banquet
- Annual *Split Times* SFTC journal

Contact: Karen Seiferth, Membership Chair  
[karunrun@hotmail.com](mailto:karunrun@hotmail.com)

## SFTC Grant Program

The State of Franklin Track Club awards grants up to \$500 twice each year to area schools and other non-profit organizations that promote health and fitness through walking and running.

## SFTC Scholarship Program

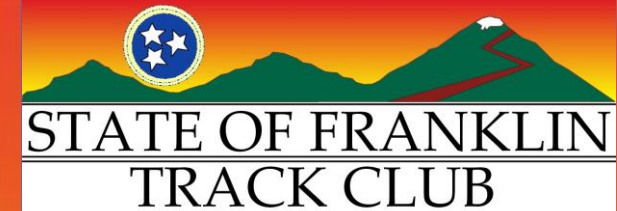
The State of Franklin Track Club offers college scholarships up to \$250 to club member graduating high school seniors or equivalent, or rising freshmen at an accredited college or university. The scholarships help fulfill SFTC's mission to promote health and fitness through walking and running by giving back to the community.

## Timing Services

As part of its fundraising, SFTC is "available for hire" to time and tabulate race results. A range of timing options is offered and discounts are available for school events.

**For more information:**  
**[RunTriCities.org](http://RunTriCities.org)**

**Visit us on Facebook:**  
**[facebook.com/  
StateOfFranklinTrackClub](https://www.facebook.com/StateOfFranklinTrackClub)**



**Mission:**  
***To promote health and fitness  
in our community through  
walking and running***

**[RunTriCities.org](http://RunTriCities.org)**