

Name	Membership #	Sex	Age (as of 12/31/23)	Time (total)	Total # of Races	Average of Best 4	Vol. Pts	New Year's Wake Up (Ruth Ketron Memorial)	Duck Island Spring Mile (Mike Lovelace Memorial)	SFTC Summer Track Meet #1 6/20/23	SFTC Track Meet #2	SFTC Track Meet #3	Harriet Locke Memorial 8/15/23	Duck Island Summer Mile #2 9/10/23
JENNIFER ADLER	10057	F	42	15:00.7	2	#N/A	#N/A				07:30.0		07:30.7	
WARREN ADLER	9127	M	42	10:33.5	2	#N/A	#N/A				05:21.0		05:12.5	
CASSANDRA BAINBRIDGE	2752	F	76	02:31.6	6	10:20.1	11	10:39.0	10:13.4		10:21.0	10:17.0	10:29.2	10:32.0
JOE BAINBRIDGE	2757	M	76	52:53.6	6	08:42.4	8	08:46.0	08:40.6		08:42.0	08:41.0	08:54.6	09:09.3
DONNA BAYS	2148	F	59	11:51.1	1	#N/A	42		11:51.1					
ROY BENNETT	9620	M	80	19:04.0	1	#N/A	#N/A	19:04.0						
AMY BRADLEY	2651	F	49	15:05.2	2	#N/A	4		07:39.8				07:25.5	
CHARLOTTE BROCKMYRE	9216	F	34	17:55.6	2	#N/A	10		08:25.7				09:29.9	
SHARON BUMGARDNER	9592	F	66	31:10.1	3	#N/A	20	08:44.0	08:07.5				14:18.6	
PATSY CANTOR	9136	F	53	23:30.0	2	#N/A	39	09:18.0						14:12.0
ROBERT CANTOR	9138	M	54	24:21.0	2	#N/A	#N/A	10:11.0						14:10.0
CARISSA CHAMBERS	9519	F	35	18:35.0	3	#N/A	25	06:24.0			06:08.0	06:03.0		
AUDREY CLOYD	10102	F	33	07:30.0	1	#N/A	#N/A			07:30.0				
DON COMIRE	9679	M	56	46:41.2	6	07:41.9	5		07:37.5	07:32.0	07:43.0	07:55.0	07:57.5	07:56.3
JOY COMIRE	9683	F	17	09:26.0	1	#N/A	3	09:26.0						
SALLY COMIRE	9684	F	53	43:48.6	3	#N/A	4	14:10.0	13:40.6				15:58.0	
CAMERON COOPER	9065	M	32	28:48.6	5	05:43.4	8		05:34.9	05:46.0	05:51.0	05:55.0	05:41.8	
MIKE COOPER	9064	M	62	35:19.6	2	#N/A	10		16:44.6		18:35.0			
ANGIE COWDEN	9594	F	51	43:52.4	4	10:58.1	5	10:10.0	08:19.4				15:12.2	10:10.9
BENJI COWDEN	9597	M	21	13:30.5	2	#N/A	6	07:51.0	05:39.5					
BRAD COWDEN	9593	M	51	57:25.3	4	14:21.3	9	07:52.0	15:52.6				16:59.8	16:40.8
PARKER COWDEN	9595	M	21	22:07.5	3	#N/A	7	08:43.0	05:57.8					07:26.7
BENJAMIN CULP	10118	M	15	05:46.0	1	#N/A	#N/A	05:46.0						
TERESA DARNELL	9621	F	58	14:17.4	1	#N/A	32						14:17.4	
TOM DEADERICK	1023	M	79	17:08.0	2	#N/A	3	08:47.0						08:21.0
HEIDI DIXON-WHITE	10001	F	62	15:17.3	1	#N/A	#N/A							15:17.3
JANETTE ADAMS ERCHINGER	2761	F	57	16:22.6	2	#N/A	#N/A	08:21.0						08:01.6
MICHELLE GRAY	9061	F	55	14:39.0	2	#N/A	#N/A			07:23.0	07:16.0			
LISA HAZLETT	2411	F	46	27:04.2	3	#N/A	53		08:39.3	08:37.0				09:47.9
DON KEEN	9746	M	42	24:54.8	3	#N/A	33	07:50.0	08:58.8	08:06.0				
CARLA KIDD	9824	F	69	51:26.4	3	#N/A	2		16:22.6				17:23.4	17:40.4
CLYDE KIDD	2552	M	71	50:10.4	6	08:03.9	17		09:02.9	08:52.0	08:34.0	08:32.0	07:38.6	07:30.8
KEVIN MCMINN	10094	M	45	27:05.2	3	#N/A	#N/A		08:39.6	08:37.0				09:48.6
TRAVIS OLINGER	9896	M	41	17:12.5	3	#N/A	1			05:44.0	05:45.0		05:43.5	
ELEANOR PENDERGRAFT	2663	F	88	16:51.1	1	#N/A	#N/A						16:51.1	
MARY RODRIGUEZ	122	F	65	10:55.0	1	#N/A	18	10:55.0						

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SUSAN ROLLINS	2083	F	65	06:39.1	1	#N/A	#N/A		06:39.1					
ZUZU SAULSBURY	10074	F	15	20:36.7	3	#N/A	#N/A			06:53.0	06:44.0		06:59.7	
KAREN SEIFERTH	501	F	66	15:20.7	2	#N/A	16		07:40.1					07:40.6
MARIE TEDESCO	545	F	75	10:39.5	1	#N/A	6						10:39.5	
AMANDA TIPTON	2455	F	46	09:02.0	1	#N/A	26	09:02.0						
BOB TOWNSEND	111	M	73	29:10.0	3	#N/A	134		10:02.9				09:31.7	09:35.4
RANETTE TYNER	2769	F	68	55:44.7	4	13:56.2	4	13:19.0			12:23.0		15:05.1	14:57.6
RICHARD TYNER	524	M	69	27:56.0	2	#N/A	30		13:34.0					14:22.0
SANDRA VANCE	700	F	60	16:27.8	1	#N/A	6		16:27.8					
DARCY WELSH	10066	F	71	0.03119	3	#N/A	#N/A		13:29.4				17:23.1	14:02.4